



**Welcome to the 2023 NEW ZEALAND SECONDARY
SCHOOL WEIGHTLIFTING CHAMPIONSHIPS,**

hosted by

Papatoetoe Olympic Weightlifting Club

and

Weightlifting New Zealand

EVENT INFORMATION



Extending our thanks to the Tataki Auckland Unlimited & New Zealand sports Collective
Partners in their support of this event



Dear athletes, coaches and school contacts;

This document contains detailed event information including rules and regulations. Please read carefully and in full. The only further update to come is a final event schedule and start list, which will be distributed after **verification of entries**.

Verification of Entries

REMINDER: Any changes to weight class or entry total can only be made during verification of entries.

The rules of competition state that athlete's opening attempts (first snatch and first clean & jerk) must add up to *no less* than 20kg *below* the athlete's entry total (there is no maximum over the entry total).

If entry total is looking unrealistically heavy, or if the athlete is lighter or heavier than anticipated and needs to change weight class, there is the opportunity to do so at a particular time. This timeframe is called verification of entries.



Athletes or coaches may send any changes through to Megan via text or WhatsApp (0278272133) on **Wednesday 30th August before 5pm only**. If you are happy with your entry as it stands, you do not need to do anything.

Volunteer Official Requirements and Roster

Assistance is required for this event to take place; qualified referees, other volunteers and loaders for each session. Catering will be provided to Technical Officials over the weekend.

Clubs will be assigned loading responsibilities. Please also be prepared to assist with officiating where possible. A reminder that these events cannot run without assistance.

For any technical official queries please contact Karl +64 021 805810

Competition Venue Location

Kolmar Sports Complex, Sutton Crescent, Papatoetoe, Auckland 1062



There will be limited parking available on Sutton Crescent entrance on Saturday due to sport, as-well as Great south road entrance. Street parking will be an option option however. On arrival enter the doors of the main building and the competition setup will be on your left past reception.

Facilities

The venue contains changing rooms, complete with showers and toilets.

Hunters Plaza is across the road from the venue and has food options as well as a supermarket. There is a café attached to the competition venue for coffee and open on select hours on Saturday only.

Training

As the venue operate as a gym facility there may not be any dedicated training available ahead of the event. You can contact Megan on 0278272133 if you are travelling from out of Auckland and need a space to train. Also, CrossFit gyms are available nearby in Otaru, Manukau & East Tamaki which would be worth contacting (Drop in fees may apply)

Competition Scales

There will be one set of scales used for this event. Scales will be available for weight checking outside of weigh in times. Checking weight on Friday is likely possible however timing is not yet confirmed.

Spectators

Spectators are welcome at this event and enter through the main entrance to the building. There is no restriction on spectator numbers.

All are welcome however please respect competing athletes by keeping noise to a minimum while taking attempts.

Event Merchandise

Pre-ordered event t-shirts will be available to

collect at the event. There will be a very limited number of additional shirts available to purchase, first in first served.



Preliminary Schedule *UPDATED

	Session	Numbers	weigh In	Start	End(est)
SAT - O15	1 - W49 - W71	15	06:30	08:30	10:30
	2 - M55 - M81	12	09:00	11:00	13:00
	3 - W76 - W81+	12	11:30	13:30	15:30
	4 - M89 - M102+	16	14:00	16:00	18:00
SUN - U15	5 -M55 - M73	17	06:30	08:30	10:40
	6 - W40 - W64	12	09:00	11:00	12:50
	7 - M81 - M102+	11	11:20	13:20	15:10
	8 - W71 - W81+	12	13:30	15:30	17:20

ENTRY LIST: *UPDATED

Name	Cat	Age Cat	Sex	Entry	Secondary School
Loren Harvey	W49		Female	98	Kapiti College
Gemma Spice	W49		Female	50	Waikato Diocesan School for Girls
Carys Foot	W55		Female	70	Waikato Diocesan School for Girls
Miriana Kelly	W55		Female	60	Lincoln High School
Nevaeh McNair	W59		Female	138	KingsWay School
Kaya Walker-Grace-Gray	W59		Female	55	Hillmorton High School
Georgia Theron	W64		Female	160	KingsWay School
Petra Pratt-Rink	W64		Female	90	Waikato Diocesan School for Girls
Sienna Goldstone	W64		Female	80	ACG Parnell College
Lauren Verryt	W64		Female	59	Waikato Diocesan School for Girls
Olivia Selemaia	W71		Female	186	Guest
Madeleine Agnew	W71		Female	140	ACG Strathallan
Lilli Parres	W71		Female	80	Waikato Diocesan School for Girls
Isabel Glycel	W71		Female	70	Rangitoto College
Pippa Morgans	W71		Female	60	Waikato Diocesan School for Girls
Alex Bennyworth	M55		Male	70	Dilworth School
Boston Shinnick	M55		Male	60	Dilworth School
Link Zhu	M61		Male	105	Dilworth School
Jeremy Nessia	M61		Male	60	Dilworth School
Cruz Cresswell	M61		Male	82	Massey High School
Isaac Anothai	M61		Male	90	Massey High School
Stefan Jose Filipchich	M67		Male	37	Hobsonville Point Secondary School
Harry Agnew	M73		Male	140	ACG Strathallan
Angus Duncan	M81		Male	190	Auckland Grammar School
Christopher Wray	M81		Male	145	Hutt International Boys School
Riley Kingi	M81		Male	110	Dilworth School
Braven Deocares	M81		Male	140	Massey High School
Issys Tobia-Pita	W76		Female	160	Avondale College
Drew Burrett	W76		Female	150	ACG Strathallan
Miandi Oosthuizen	W76		Female	140	Roncalli College
Peyton Woolerton	W76		Female	60	Waikato Diocesan School for Girls
Sophie Morgans	W76		Female	60	Waikato Diocesan School for Girls
Litia (Tia) Nacagilevu	W81		Female	180	Te Kura (homeschool)
Laura Eggleton	W81		Female	60	Waikato Diocesan School for Girls
Ramsi Edwards	W81+		Female	165	Aorere College
Vesna Vesi	W81+		Female	130	One Tree Hill College
Aaliyah Nelson	W81+		Female	110	Avondale college
Arabella Mulumu Latu	W81+		Female	100	Avondale College
Amelie Hawera	W81+		Female	60	Waikato Diocesan School for Girls
William Mollard	M89		Male	160	St Pauls Collegiate
Hamish Middleton	M89		Male	130	Hutt International Boys School
Jayden Kim	M89		Male	106	Auckland Grammar School
Aayden Cameron	M89		Male	70	Cashmere High School
Joseph Fuimaono	M89		Male	220	Massey High School
Aidan Dean Lipscombe	M96		Male	185	Auckland Grammar School
Nathan Mapa	M96		Male	130	Dilworth School
Louis Saolotoga	M96		Male	100	Dilworth School
Teahikaa King	M96		Male	90	Dilworth School
Giovanni Penjueli	M102		Male	210	Hillcrest High School
Issys Schuster	M102		Male	170	Sacred Heart College
Siliva Lui	M102+		Male	180	St Paul's College Auckland
Elijah Harford-Lewis	M102+		Male	150	Mount Albert Grammar School
Lorenzo Faumuina	M102+		Male	120	Dilworth School
Elijah Liufau	M102+		Male	210	Massey High School
Leslie Faiva	M102+		Male	160	Massey High School
Angelo Irwin	M55	U15	Male	51	Rangitoto College
Finlay Duncan	M61	U15	Male	70	Auckland Grammar School
Finn McLuckie	M61	U15	Male	61	Rangitoto College
Corbin Massyn	M61	U15	Male	57	One Tree Hill College
Nathan Pillay	M61	U15	Male	70	Massey High School
Kazuki Takeda	M67	U15	Male	100	Avondale College
Phoenix Jack-Midgley	M67	U15	Male	70	Dilworth School
Jamiel Resma	M67	U15	Male	70	Dilworth School
Lachlan Hill	M67	U15	Male	62	Rangitoto College
Namu Gusscott	M67	U15	Male	70	Rangitoto School
Jeremy Manteiga	M73	U15	Male	130	Kings High School
Ben Kuys	M73	U15	Male	125	Rangitoto College
Dylan Boyd	M73	U15	Male	100	Auckland Grammar School
William Ogle-Parsons	M73	U15	Male	100	Avondale College
McKay Leone	M73	U15	Male	70	Hobsonville Point Secondary School
Puna Shortland-Theodore	M73	U15	Male	70	Western Springs College/Ngā Puna o Waiōrea
Vaughan Parkinson	M73	U15	Male	100	One Tree Hill College
Shania Bhatia	W40	U15	Female	60	Waikato Diocesan School for Girls
Alisa Kudiyarova	W49	U15	Female	49	Rangitoto College
Lauren Gol	W55	U15	Female	72	ACG Parnell College
Bianca Hosking	W55	U15	Female	60	Waikato Diocesan School for Girls
Laurel Swann	W55	U15	Female	50	Mission Heights Junior College
Eva Darke	W59	U15	Female	56	Waikato Diocesan School for Girls
Rebecca Low	W64	U15	Female	80	Rototuna Senior High School

Jingyi Lu (Stephanie)	W64	U15	Female	64	ACG Parnell College
Sacha Worth	W64	U15	Female	64	Waikato Diocesan School for Girls
Jaime Bird	W64	U15	Female	50	Waikato Diocesan School for Girls
Jaime Robinson	W64	U15	Female	75	Massey High School
Scarlett Maxwell	W64	U15	Female	65	Massey High School
Ali Hale	M81	U15	Male	80	Te Kura Kaupapa Māori o Te Kura Whakapūmau i te Reo Tūturu ki Waitaha
Leonidas Pereira	M81	U15	Male	115	Massey High School
Hayden Paul Acteson	M89	U15	Male	50	Auckland Grammar School
Osyris Hamiora	M89	U15	Male	90	Kelston boys high school
Wi-Xavier Jones-Fiso	M96	U15	Male	52	Te Pā o Rākaihautū
David Chung	M102	U15	Male	100	One Tree Hill College
Joshua Latu	M102+	U15	Male	130	Dilworth School
Gideon Vaopunimatagi	M102+	U15	Male	125	Avondale College
Mason Danuel Osborne	M102+	U15	Male	100	Fraser High School
Ryan Rabadan-Miles	M102+	U15	Male	70	Dilworth School
Morehu Hazel	M102+	U15	Male	60	Te Pā o Rākaihautū
Carmi Oosthuizen	W71	U15	Female	130	Roncalli College
Paige Osborne	W71	U15	Female	105	Otumoetai College
Ella Simanu	W71	U15	Female	90	Hamilton Girls High School
Ava Young	W71	U15	Female	71	Waikato Diocesan School for Girls
Keanna Hakeagaiki	W71	U15	Female	60	Cashmere High School Te iringa o Kahukura
Charlotte Bidois	W71	U15	Female	50	Waikato Diocesan School for Girls
Mollie King	W81+	U15	Female	150	Whanganui Girls' College
Anika - Maina Falasia	W81+	U15	Female	100	Manurewa High School
Myra Latu	W81+	U15	Female	80	Avondale College
Bailee Anderson	W81+	U15	Female	60	Te Kura Kaupapa Māori o Te Whānau Tahī
Hanatia walker-grace-gray	W81+	U15	Female	56	Hillmorton High School
Manaia Shimamoto-Silbery	W81+	U15	Female	50	Te Aratai College

The event will run in ascending weight classes and alternate between girls and boys.

As per NZSS broadcasting requirements:

All O15 categories will be competing Saturday 2nd September and will be live-streamed via Whakaata Maori.

All U15 categories will be on Sunday 3rd September will not be live-streamed. We apologise for this adjustment in this years Championships, if you have any concerns around this please contact Megan - megansignal@gmail.com

A reminder that the final schedule will only be confirmed on **Thursday 31st August after VOE** and is subject to change.

ENTRY LIST: RECORD NUMBER OF ENTRIES FOR THIS EVENT

A reminder athletes must have submitted school sign off and be registered with Weightlifting New Zealand in order to compete in this event. Those who have yet to complete this requirement will be followed up with directly.

Athletes born between 2008 – 2010 are eligible for Under 15 (technically 15 and under) placings.

Athletes born between 2005 – 2007 are eligible for Over 15 placings.

New Zealand records- eligibility to set based on year of birth

2010 & 2009- U15, youth

2008- U15, youth, junior, senior

2007 & 2006- youth, junior, senior

2005- junior, senior

Anti-doping requirement

All athletes competing are required to complete the **DFSNZ Level 1** online module before the event.

Create an account at: <https://drugfreesport.org.nz/education/e-learning/>

NOTE All WNZ events are subject to drug testing by the Drug Free Sport New Zealand, who may be present at the event.

Please refer to separate document sent for additional information on clean sport info within schools.



If you have any questions on anti-doping that are not found in these documents please contact Neroli: neroli@ideafactory.co.nz

Coaches

Please be aware that anyone entering the warm up area during the competition must hold a current Weightlifting New Zealand membership. Any coach who does not already hold a Competitor or Life membership must register as an Associate or Technical Official ahead of the event.

Passes will be given to athletes at weigh in and only those with passes will be permitted in the warm up area.

Competition Rules

- Athletes are required to compete in the weight class they are registered come the end of VOE.
- Weigh in will take place between two and one hours before presentation. Any athlete unable to make their weight class by the end of the official one-hour weigh-in **will** be allowed to compete as a guest only (not eligible for placings or results recognised).
- Any athlete who fails to register a snatch **will** be permitted to continue to the clean and jerk portion of the competition if they wish, however will not register a total or be eligible for medals.
- The IWF 6.6.5 20kg rule applies; the total from opening snatch and clean and jerk lifts must equal or exceed 20kg below the athlete's declared total. Minimum lifts also apply- athletes must attempt a minimum of 21kg (girls) and 26kg (boys) in both lifts.
- Athletes are permitted to wear IWF approved uniform (weightlifting suit) **or** school sports wear (PE or other sport uniform) for this event. Plain sports clothes are not permitted. School sports wear must still comply with general rules of competition;
 - Knees and elbows visible
 - Shirts tucked in
- Any inappropriate behaviour including refusal to comply with the instruction of technical officials, abusive and other unsporting behaviour that unnecessarily disrupts the event or harms other participants, may result in the Event Manager or Technical Officials Manager to remove an individual from the competition.

Contact Information

In the case of any questions regarding the event that cannot be found here please contact Megan Signal via email; megansignal@gmail.com

